

January 1



Get Ready for the Adventure!

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

—Jeremiah 29:11

It's a new year, and I have a great adventure planned for you. Come to Me with a heart that is willing to be changed. Don't make the same mistakes you made last year. This year, try doing things *My* way.

I know that trying something new can be frightening. But I also know *you*, and I understand you completely. You can trust Me to wrap you up in My Love—a love that never ends.

Whether you are at home or at school, talking with your friends or doing homework, keep Me in your thoughts. Let Me guide you. I will take you on a journey that will change who you are and how you see the world and the people around you. Yes, I have great plans for you, and I will be with you every step of the way!

READ ON YOUR OWN

Romans 12:2

January 2



Choose Me

But the Lord answered her, "Martha, Martha, you are getting worried and upset about too many things. Only one thing is important. Mary has chosen the right thing, and it will never be taken away from her."

—Luke 10:41-42 (icb)

You are so very busy. But I want you to stop for a minute. Put down the game, hang up the phone, turn off the computer. Spend some time with Me.

Even now your thoughts are racing ahead to today's plans and problems. But put those thoughts and worries aside. Just think about Me and how much I love you. I know exactly what is going to happen in your life today. Don't worry. I will give you everything you need to face your day.

Please don't skimp on our time together. The computer and the telephone and the homework will still be there when our time is through. Choose Me first—and the blessings I give you will not be taken away.

READ ON YOUR OWN

Psalms 105:4; Luke 10:39-42

January 3



I Am Bigger Than the World

*I have told you these things, so that in me you may have peace.
In this world you will have trouble. But take heart!
I have overcome the world.*

—John 16:33

Think about how wonderful it feels to dive into a cool pool of water on a hot summer's day. That is what My Peace is like. It will refresh you and strengthen you. And that peace can be yours at all times.

As you go through your day, you will face problems and troubles. But you *never* have to face them alone. I am *always* with you. I am the best Friend that you will ever have. I walk beside you, to give you comfort and strength. I also walk ahead of you, so that I am ready to help you face whatever is coming. And I am within you, giving you a secret ability to think and act without fear.

There will be problems and hard times, but don't let them get you down. I have already overcome all the problems of this world. In Me you can find Peace.

READ ON YOUR OWN

Psalm 31:19-20

January 4



A New Habit

*The Lord takes care of his people like a shepherd. He gathers the people like lambs in his arms. He carries them close to him.
He gently leads the mothers of the lambs.*

—Isaiah 40:11 (ice)

Everyone has habits—some are good and some are not so good. Starting today, I want you to learn a new habit. Try saying, "I trust You, Jesus," no matter what is happening around you. Choose to remember that I am in control of the universe, and that I love you with a love that is higher than any mountain and deeper than any ocean.

By saying, "I trust You, Jesus," you are saying that you *know* I am in control of all things and that nothing can defeat Me. It is then that fear loses its grip on you. So when you are facing tough times, trust Me to guide you through them and use them to grow your faith. Trusting Me is a habit you won't ever want to break.

READ ON YOUR OWN

Psalm 63:2; Isaiah 40:10; Psalm 139:7-10